

Some of the nonprescription drugs in Japan (Available in drug stores)

MEDICATIONS FOR COLDS AND HAY FEVER

Antihistamine and Decongestant Types

* **Restamin Kowa**

Contains: Antihistamine only (Benadryl)

* **Arerugiru-jo**

Contains: Antihistamine (Chlor-Trimenton), Vitamin B-6, Calcium, Licorice, Anti-inflammatory

* **Contac 600 SR**

Contains: Antihistamine (Chlor-Trimenton), decongestants, expectorant

* **Benza Bi-en Yo**

Contains: Antihistamine (Chlor-Trimenton), decongestants, Caffeine, Serrapeptase

Antitussive Types

* **SS Bron Eki Ace**

Contains: Expectorant, antitussive (Codeine), antihistamine (Chlor-Trimenton), Caffeine

* **Contac Sekidome SR**

Contains: Antitussive, Antihistamine, decongestant, expectorant

* **Shin Sekidome Aneton Shiropu**

Contains: Antitussive (Codeine), Antihistamine, Decongestant, Plus stabilizers and red dye

Antipyretic Types (to lower temperature)

* **Pabron S Jo**

Contains: Antipyretic, Expectorant, Antitussive (Codeine), Antihistamine, Decongestant, Caffeine, Vitamins B-1 and B-2, Lysozyme.

* **Contac Sogo Kanbo Yaku**

Contains: Antipyretic, Expectorant, Antitussive, Antihistamine, Decongestant, Vitamin C, and Caffeine.

NOSE DROPS (all contains antihistamin)

* **Paburon Tenbi**

* **Shin Nabel Tenbi Eki (for children)**

* **Nazar Supre**

GARGLE MEDICATIONS

* **Isojin Ugai Gusuri**

Contains: Iodine

PAIN RELIEF MEDICATIONS (headache, muscle, joint, menstrual pain not for stomach or internal distress)

Type 1 (Aspirin)

* **Bayer Aspirin**

Contains: aspirin 0.5 g

* **Bufferin A**

Contains: Aspirin 330 mg and buffering agent

Type 2 (Ibuprofen, can cause upset stomach and should be avoided by pregnant women or people allergic to aspirin)

* **Nurofen**

Contains: Ibuprofen 75 mg

Type 3(Acetaminophen)

* **Children's Bufferin CII**

Contains: Acetaminophen 33 mg

* **New Children's Isoidon**

Contains: Acetaminophen 33 mg

* **Alpiny A Zayaku**

Contains: Acetaminophen 125mg

* **Teirin**

Contains: Acetaminophen 125mg and Caffeine

VOMITING AND DIARRHEA MEDICATIONS

* **Buscopan A**

Contains: Antiemetic

* **Shin Biofermin**

Contains: Lactobacillus

* **Sato Geri Dome Nai Fuku Eki**

Contains: Kaolin

CONSTIPATION MEDICATIONS

* **Colac**

Contains: Bisacodyl

* **Ichijiku Kancho**

STOMACH, INTESTINAL CRAMP MEDICATION

* **Sankyo Chintsu Chinkei Ichoyaku**

* **Takeda Chintsu Chinkei Ichoyaku**

* **Kolantyl A**

ACID INDIGESTION MEDICATIONS

* **Takeda Ichoyaku**

* **Maalox Plus**

NAUSEA OR MOTION SICKNESS MEDICATIONS

* **Travelmin Senior/Junior**

* **Senpa**

SKIN ALLERGY MEDIATIONS

* **Rari-A Kurimu/Nanko**

Contains: Dexamethasone

* **Flucort F**

Contains: Antibacterial plus steroid

* **Berica Kurimu**

Contains: Prednisolone 1 percent plus vitamin E

ANTIBIOTIC CREAMS

* **Dorumaikochi Nanko**

Contains: Antibiotic plus hydrocortisone

* **Kuromai-P**

Contains: Antibiotic plus Prednisone

FUNGUS MEDICATIONS

* **Scorpio Kurimu/Eki**

* **Takkuru W Eki/ Nanko**

* **Tamuchinki Powder Spray B**

LICE MEDICATIONS

* **Sumisurin Powder**

ANTISEPTIC SOLUTIONS

* **Makiron**

* **Isojin S**

INSECT BITE MEDICATIONS

* **Muhi S**

Contains: Antihistamine, plus others

* **Una Kowa A**

Contains: Antihistamine, plus others

* **Kinkan**

Contains: Ammonia water, plus others

EYS DROPS

* **Shin Smile**

* **Airisu**

* **Shinsumarin Deluxe (Allergy)**

Contains: Antihistamine, plus others

MUSCLE/JOINT ACHE MEDICATIONS

* **Salomethyl Nanko**

* **Indomethacin Eki**

* **Mobilat Nanko**

MULTIVITAMINS

* **Nyujiyo Popon S**

* **Shin Popon S**

* **Panvitan Hai**